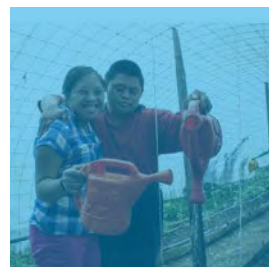
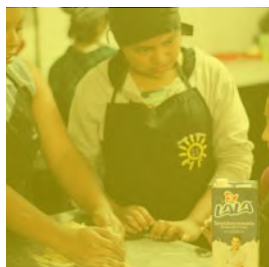
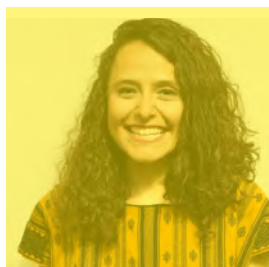


amigos
de San Cristóbal A.C.

COMMUNITY FOUNDATION
FINAL REPORT 2019



MESSAGE FROM THE DIRECTOR, CORINNE PIERRE-LOUIS



Dear members,

At Amigos de San Cristóbal A.C., we say goodbye to the year 2019 convinced more than ever of the importance of every step we take towards the achievement of our goal. We appreciate your collaboration in our project and we are grateful for your support to the people and organizations that work with us.

Our Community Foundation underwent several changes in 2019: Kate Hart Waters and Susana Morán joined our Board of Directors in January and August, respectively, and have since been very helpful in gearing us up for the new direction we are taking; in October, Katya Becerra joined the Operational Team as Fundraiser; and in June, with great enthusiasm, I became the Director of Amigos de San Cristóbal A.C.

I am very proud to be part of a community foundation that has for the past 14 years supported projects that promote social cohesion, the improvement of education, better health conditions and the protection of the environment for the benefit of the people of the region.

2020 is special to us as we celebrate 15 years of activities that positively impact the lives of the vulnerable populations of San Cristóbal and the Highlands of Chiapas.

We hope that this New Year will be good for everyone and that it will afford us the possibility to reinvent ourselves, together as a community.

ABOUT US



Chairman of the Board

José Luis Mijangos

Vice-president

Kate Hart Waters

Treasurer

Adriana Aguerrebere

Secretary

Hileana García

Spokesperson

Susana Morán

Associates

Ernst Riedwyl

Bruce Ferguson

Advisor

Sergio de la Rosa

Director of Operations

Corinne Pierre-Louis

Administration

Beatriz Álvarez

Fundraising Officer

Katya Becerra

Communications Officer

Jimena González

Trainees

Pablo Jiménez

Lucio Cruz

Victorio Jiménez

Annel Torres

Karen Torres

Alonso López

Consultants

Stephany López

Kathia Loyzaga

Jesús Rosendo Pérez

Arturo Martínez



ORGANIZATIONS SUPPORTED IN 2019

• Ángeles de Amor A.C.

• Chantiik Taj Tajinkutik A.C.

• Mujeres y Maíz Criollo/ Capacitación, Asesoría, Medio Ambiente y Defensa Del Derecho a la Salud A.C. (Camadds)

• Solidaridad y Lucha por un Mundo Diferente A.C. (Solmundi)

• Tierra Roja Cuxtitali A.C.

• Mujeres Transformando Mundos A.C.

• Unidad y Esfuerzo Compartido para el Desarrollo Sustentable A.C. (UNECODES)

• Hogar Comunitario “Yach’ il Antzetik A.C.”



ÁNGELES DE AMOR

Osmar is a young man with epilepsy who has shown signs of schizophrenia. Those symptoms have worsened over time as he has not been getting proper care. Ángeles de Amor's objective is to find him the appropriate medical support that will improve his health. He is being successfully treated with anticonvulsants. To boost his skills and improve his individual performance, he has enrolled in a government program "Jóvenes Construyendo un Futuro" ("Youth Building a Future"). The seizures are now less frequent, he is able to control his emotions and the occurrence of violent episodes has decreased by 90%. Osmar is happy, motivated and fits in better with his family. He uses his salary to buy his medicine and to contribute to his family's income.



CHANTIIK TAJ TAJINKUTIK



Mario is 28 and has cerebral palsy. He and his family lived in extreme poverty. To survive, he has had to beg for money on the streets of San Cristóbal de Las Casas for nearly ten years. When he didn't have enough money to pay his fare back home he slept at the local bus station. He could not go to school nor look after himself. When he came to Chantiik Taj Tajinkutik at the age of 17, he did not know how to read and write and he was in a generally very poor condition. Priority was given to his health. He received nutritious food and vitamins and was also provided with dental care. Through the online alphabetization program available at the association, Mario learned to read and write, he also discovered the world of computing which captivated him. With the knowledge acquired at Chantiik, he was able to get a job and he started saving money. A few years ago, he fulfilled his dream of installing his own cybercafé. He is now in a position to support his family whose situation has improved significantly. He is currently studying graphic design at the University of San Cristóbal where he is an outstanding student. Mario firmly believes that receiving implies giving back. Accordingly, he now teaches computer classes in Chantiik's.

MUJERES Y MAÍZ CRIOLLO / CAPACITACIÓN, ASESORÍA, MEDIO AMBIENTE Y DEFENSA DEL DERECHO A LA SALUD (CAMADDS)

“The teachers have shown great interest in the School Garden and Canteen Project. For example, the math teacher alluded to the problems we were having with the radishes we planted in the classroom. I thought that was cool.

“The chemistry teacher spoke to us about the compounds found in plants and seeds and that has helped us better understand their composition. The history teacher invited us to participate in the sowing and cultivation of squash gardens.” Comments by one of the students.



SOLIDARIDAD Y LUCHA POR UN MUNDO DIFERENTE (SOLMUNDI)

“I’m Pedro Hernández Pérez, I’m 30 years old, and I live in the community of El Pozo, San Juan Cancuc. I have worked in the fields since my teens, I am now a coffee and honey producer. During the past two years, I participated in workshops on diverse topics given by SOLMUNDI A.C., a civil association. This has allowed me to acquire and strengthen my skills in agriculture, beekeeping, chicken farming, as well as in growing coffee in an eco-friendly way. I’m still interested in acquiring new knowledge on agroecology and natural production techniques. I have learned new ways of working at those workshops.”
Comments by Pedro Hernández Pérez, one of the project beneficiaries



TIERRA ROJA CUXTITALI



Dulce quit school in fourth grade because she was bullied over her looks (she was told that she was fat and ugly) and the family decided that she wouldn't return. Most of her siblings had not completed the basic grades either. Dulce is from Cuxtitali. When she came to the little school she did not know how to read and write, she looked very sad and in pain and kept her head down. She was able to overcome difficulties and obstacles. She now participates in school activities, her reading and writing skills have improved, she socializes with the others and can be heard laughing with the strong and spontaneous laugh of someone who has found some relief and acceptance. That laugh is a manifestation of her will, her strength, and her ability to fight for her rights in spite of the fact that she is growing in a family and social environment that discriminates against her because she is a woman, not schooled and because of her looks.





UNIDAD Y ESFUERZO COMPARTIDO PARA EL DESARROLLO SUSTENTABLE UNECODES

“I enjoy sheep farming very much. I’ve watched them grow. It was hard work at first because we didn’t know how to take care of them, what to feed them. They are Pelibuey sheep with which we were not familiar and we thought that it was going to be very difficult. Thanks to God and the support provided by Amigos de San Cristóbal and UNECODES we now know a little more. We certainly still have a lot to learn as this is our first year raising these little animals. Mine are already strong. We pray that they will breed and increase our stock. I really like to work with the women in the micro tunnel, we planted vegetables and they did well. We split them among ourselves to eat with our families, we sold a small part to meet the demand in our locality and we fed the animals with those that did not grow well.”

Manuela Vázquez Cosh,
Bochilté, Huixtán.

MUJERES TRANSFORMANDO MUNDOS

We taught five women to read and write. They each went through a personalized training process. One of them said: “Look where I came to learn to write”. Thanks to workshops for reflection on self-care and health, many women are more aware of their bodies and learn to prioritize their needs. After attending a sexual health training process, three of them decided to replace their contraceptive method by one that would be less aggressive to their body.

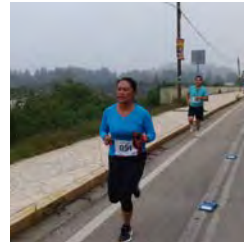


HOGAR COMUNITARIO YACH'IL ANZETIK



Miriam is 15. She was born in the Community Home. Her mother Andrea came to the Community Home with two of her brothers. We provided them with shelter until Miriam was born. We stressed to Andrea that she should enroll her children in the Government's scholarships program so that she would receive some assistance and the children would not have to look for work. Miriam did not receive such a scholarship this year, her first year of high school. She had done all the paperwork in order to be eligible for the Colegio de Ciencia y Tecnología de Chiapas (Chiapas College of Science and Technology) exam. She is interested in a career in Tourism. She has not given up. She spoke with our partner who is in charge of self-employment workshops and asked to be taught how to market the articles she produces. She is very committed and aims for perfection. We bought the first earrings she made. She saved that money and continued to produce. She is completing her first semester in high school and is pleased with what she has learned and above all she is happy to stay in school studying what she likes while being committed to her obligations. She is an inspiration for her mother and her sister who also come to the weekly workshops.

EVENTS



2019





**“First Amigos race through the streets of San Cristóbal”
May 12th**

We organized the first 5 km race, for both women and men, on the SEDEM circuit. 120 runners signed up and thanks to their participation we managed to raise 14,400 Mexican pesos.



“The education of vulnerable children in San Cristóbal: A collective solution”
May 22nd

The forum “The education of children in vulnerable situation in San Cristóbal de Las Casas: A collective solution” was held on May 22. A space for dialogue where different sectors of society: civil associations, businesses and government agencies were able to express their concerns and find action points to address this important issue.





“Nutrition from the beginning of life” September 28th

First thematic breakfast where the work of Amigos de San Cristóbal was presented and together with Carolina Guerrero, Breastfeeding Specialist, we learned the meaning of healthy and balanced nutrition; the general feeding guidelines and how to apply them to our children from an early age.



**“Movie for a cause”
October 6th**

150 girls and boys from the organizations we support were able to attend a movie thanks to the generosity of numerous members of our community who funded the cost of the tickets. Thank you for joining the effort and making the dream of many girls and boys come true!





**“Four hands concert by the artists José Luis Mijangos and Daniel Herrera”
November 28th**

We thank those who accompanied us in this benefit concert where the pianists José Luis Mijangos and Daniel Herrera delighted us with their music. We were able to raise 30,214.00 Mexican pesos for the eight projects we support.



“Christmas bazaar” December 8th

Thanks to your donations and your support on the day of the event, the Christmas bazaar was a success and we collected 21,618.00 Mexican pesos.



AMIGOS DE SAN CRISTOBAL IN NUMBERS



*** (MX) Mexican Pesos

ALLIES



EVENTS COMMITTEE

We appreciate the work, commitment and expertise of the Committee members at every event.
Your participation and efforts make a difference.

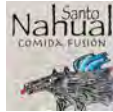
Maria Elena Oseguera
Stephany López
Viridiana Dominguez
Eduardo Villatoro
Patricia Moreno
Mariana De Silva
Ann Conway
John Do
Kraig Kemper
Alison Abbott
Teresa Berlioz
Guillermo Montoya



SPONSORS



PARTICIPATING BUSINESSES



ARE YOU ALREADY FRIEND OF AMIGOS DE SAN CRISTOBAL A.C. ?

You can become a member and help us make a difference in the lives of the most vulnerable people of the Highlands of Chiapas.

Just follow these steps:

A) Select the type of membership you want to buy:

Individual: MX\$300.00*

Family: MX\$500.00* (join up with another person and pay MX\$250.00)

Businesses*: MX\$1000.00*

B) e-mail your application to:

administracion@amigosdesc.org

*Annual membership fees.

*We are a tax-exempt organization authorized to issue tax deductible receipts



Our Bank account:

BBVA Bancomer

Name: Amigos de San Cristóbal A.C.

Account number: **0151830546**

For Transfers:

Interbank code: **012130001518305468**

PayPal at: amigosdesc.org





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San Cristóbal de Las Casas

Chiapas